WEEK 9: JESUS IS …. THE BREAD OF LIFE

AIM: To show that our spirit needs to be fed just like our body, except on spiritual “bread” not physical bread. Jesus is the ‘food’ for our spirit. We need to feed on him so that we will grow spiritually strong.

OPENING IDEA: BREAD WORDS
Give the children pencils and paper and ask them to write as many words as they can from the word ‘BREAD’, e.g. bear, read, dear, ear, bead, dab, bad, are, bare, red, dare, era, etc.

MEMORY VERSE: John 6:35a
Jesus said, ‘I am the Bread of Life. No one coming to me will ever be hungry again.’

SUGGESTED PRESENTATION:
Write the verse on bread shaped card.

STORY: JESUS FEEDS THE CROWD (John ch 6)
The emphasis of this story is not the fact that the boy gave, but that Jesus used the parallel between physical needs and spiritual needs to teach a spiritual truth.

MAIN POINTS:
1. Because Jesus was becoming famous for healing the sick, thousands of people kept following him everywhere.
2. One day there were 5,000 men plus women and children who followed Jesus into the countryside and they became hungry.
3. The disciples told Jesus it would take a fortune to buy enough food for everyone, but a small boy had his lunch with him.
4. Jesus took the boy’s five loaves and two fish and thanked his Father in heaven for the food, then broke it up into pieces.
5. The food kept multiplying until there was enough for everyone, with 12 baskets of food left over.
6. The people saw that it was a miracle and wanted to make Jesus their King.
7. So the next day they came looking for him again.
8. Jesus told them that if they were only interested in ordinary bread, they would have to keep working for it every day and just as the body needs food, so we need Jesus.
9. Jesus told the people they could feed on him by believing and trusting in him and that they would live forever with him.
Explain that when we ask Jesus into our hearts and live for him every day, then we are believing and trusting in him.

You may wish to finish the story by buttering and slicing a French stick. As you distribute it amongst the children remind them that as bread feeds and nourishes our body to make it grow healthy and strong, so Jesus feeds our spirit to make us grow in him.

ACTIVITY:
MAKE A MOBILE -
- Cut out five fish shapes and two bread shapes.
- Attach them with string to a coathanger or thin garden stake.
- Write the memory verse on the shapes.

MAKE A ‘I AM THE BREAD OF LIFE’ CARD -
- Fold card in halves then quarters.
- Cut out a slice of bread from yellow kitchen sponge.
- Glue it to the card where indicated.
**The Lord's Prayer**

**"Daily Bread" Magnet**

**(25-30 minutes)**

### Materials
- Bread and Ribbon Patterns
- clear acrylic spray
- black yarn

**For each child—**
- one slice of mini-toast (found in cracker or deli sections of most grocery stores)
- two wiggle eyes
- one ½-inch (1.25-cm) round magnet

### Standard Supplies
- photocopier
- card stock
- glue
- scissors
- ruler
- newspapers

### Instruct each child in the following procedures:
- Glue wiggle eyes to toast.
- Glue yarn on toast to make smile.
- Cut out Bread Pattern.
- Glue toast to bread cutout (sketch a).
- Cut out Ribbon Patterns.
- Glue magnet to back of bread cutout. (Make sure glue is applied to repellent side, not magnetic side.)
- Glue ribbons to back of bread cutout (sketch b).

### Bible Bits: The Bible says God will give us the things we need to grow. We can pray to God and say, “Give us this day our daily bread.” What are some other things that God has given to you? (Family, friends, pets, etc.) Your “Daily Bread” Magnet can remind you to thank God for the people who care for you and the things He has given you.

**Give us this day our daily bread.**

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*Permission to photocopy granted. *The Big Book of Bible Crafts*.
Jesus Christ is God the S __ who created us. He made human beings with a body, soul and s __ __ __. Our spirit lives forever. The human body is the 'house' in which the spirit lives.

Jesus knew that, just as we need physical food to feed our physical bodies, we also need spiritual 'food' to grow spiritually. The teachings of the Bible are spiritual 'food' for those who believe in Jesus. It tells us that He is the B __ __ of L __ __. When we f __ __ on Him, we grow to be more like Him in l __ ____, t __ ____, p __ __ __ __ and r __ __ __ __ __.

We grow spiritually when we read God's W __ __, the Bible, and pray and thank Him for His blessings. In church, Christians do this when they eat bread and drink grape juice to remember what Jesus did for them by d __ __ on the c __ __ and r __ __ __ again.

This is called Communion or the Lord's Supper. The bread helps us to remember His b __ __ that hung on the cross, and suffered and died for our sins. The juice helps us to remember His sinless b __ __ __ that was poured out for our sinful lives, so that we might follow The Way of the Suffering Servant, and be ready when He comes again to take all believers home to heaven to live with Him forever.

Jesus said, "I am the Bread of Life". Glue a slice of bread (sponge) here. Name: _______________________________
WORD SEARCH

WORD LIST

AWAY
BOAT
BREAD
DAY
DISCIPLES
EAT
FATHER
FOUND
GOD
GONE
JESUS
LOAVES
RABBI
SAY
SEA
SEALED
SEEK
TIBERIAS

CROSSWORD

USING THE UNDERLINED WORDS BELOW, FILL IN THE BOXES ON THE NEXT PAGE.

“AND JESUS SAID UNTO THEM, I AM THE BREAD OF LIFE: HE THAT COMETH TO ME SHALL NEVER HUNGER; AND HE THAT BELIEVETH ON ME SHALL NEVER THIRST.”

“But I said unto you, That ye also have seen me, and believe not.”

“All that the Father giveth me shall come to me; and him that cometh to me I will in no wise cast out.”

John 6:22-40

John 6:35-37
John 6:35

Jesus said, "I am the bread of life. Who ever comes to me shall never hunger, and who ever believes in me shall never thirst.

WORDLIST

HUNGER, HE BELIEVES NEVER JOHN AM OF HE SHALL WHO JESUS ME I TO AND WHO IN ME SHALL NEVER LIFE. COMES THIRST. BREAD SAID THE (John 6:35)